

## **Strategies in Lactation Support:**

# Addressing Ethics and Family-Centered Care

Every lactation journey is unique and often brings unexpected challenges, particularly in the early days and months. Compassionate and knowledgeable support can make a lasting difference for lactating parents and their families. This conference is designed to empower lactation consultants, breastfeeding counselors, perinatal nurses, home-visiting nurses, doulas, and other perinatal professionals with current research, practical tools, and essential resources. Participants will gain the skills and confidence to provide empathetic, effective care and long-term support throughout the lactation experience.

#### Featured Presenters



LIZ BROOKS, JD, IBCLC, FILCA

IBCLC in Private Practice and Lawyer



PETER BULLOCK, CD

Hey Black Dad



VICKIE NIZIN, IBCLC

East Orange WIC



CARMEN E. BAKER-CLARK, BA, IBCLC, RLC

Care Point Health



**BRITTANY WRIGHT, MPH, IBCLC, CBS** 

Perinatal Health Equity Initiative

### More Information



TUESDAY, AUGUST 19, 2025 8:30 AM - 3:00 PM

HUDSON COUNTY SCHOOLS OF TECHNOLOGY - SECAUCUS



973-268-2280

PMCH.ORG/EVENTS

9 - 9:15 am	Welcome
9:15 - 10:15 am	Successful Long-Term Lactation via Paternal Preparation and Education Peter Bullock, CD
10:15 - 10:30 am	NJ Breastfeeding Strategic Plan Update Videsha Joshi, MPH
10:30 - 10:45 am	Break
10:45 - 11:45 pm	BREAKOUT SESSIONS
	Session A: Providing Expert IBCLC Support to Families Breastfeeding in the Presence of Ankyloglossia Carmen Baker-Clark, BA, IBCLC, RLC
	Session B: Lactation Support Beyond the Fourth Trimester: Debunking myths Vickie Nizin, IBCLC
	Session C: Navigating Prenatal Breastfeeding Education Brittany Wright, MPH, IBCLC, CBS
11:45 am - 12:45 pm	Lunch
12:45 pm - 2:45 pm	Unravel Conflict-of-Interest with International [WHO] Code: How predatory marketing plays with our minds Liz Brooks, JD, IBCLC, FILCA
2:45 pm - 3:00 pm	Closing Remarks

#### More Information

Target Audience: Nurses, lactation consultants and counselors, doulas, community health workers

**Continuing Nursing Education Contact Hours:** This program has been awarded 4.0 contact hours.

The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-3/23-26

**CERPs:** This program has been verified by the International Board of Lactation Consultant Examiners to award 1 R-CERP, 3 L-CERPs (1 L-CERP for each breakout session), and 2 E-CERPs.

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

**Learning Outcomes:** After attending the program, 85% of learners will report that the continuing education program met their learning needs.

**Successful Completion:** To receive contact hours for this continuing education program, the registrant must signin on the sign-in sheet, attend the entire conference, and complete and submit an online evaluation. Certificates of completion will be distributed electronically within two weeks of the event.

**Disclosure/Commercial Support:** None of the planners or speakers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products use by or on patients. There is no commercial support for this activity.

Cost: Ticket price is \$75. Early bird ticket price is \$60 if purchased by July 29, 2025