



# Resources for Families and Professionals

## Fetal Alcohol Spectrum Disorder

### FOR FAMILIES

#### **FASD: A Family Guide for Individuals with Fetal Alcohol Spectrum Disorders from the NJ Department of Human Services, Division of Developmental Disabilities**

*A collaborative work of the New Jersey Task Force on Fetal Alcohol Spectrum Disorders and Other Perinatal Addictions.*

#### **Child Evaluation Centers**

*Child Evaluation Centers (CECs) provide comprehensive, multidisciplinary evaluations of children with congenital or acquired neurodevelopmental and behavioral disorders*

### SCHOOL-BASED RESOURCES

#### **Teacher Toolbox**

*The Teacher Toolbox is a compilation of advice from experts at the Marcus Institute and the Maternal Substance Abuse and Child Development Center at Emory University in Atlanta, Georgia, USA.*

#### **K-12 FASD Education and Prevention Curriculum**

*Developed by the National Organization on Fetal Alcohol Syndrome (now FASD United) with funding from the U.S. Department of Health and Human Services, Centers for Disease Control and Prevention.*

### FOR HEALTHCARE PROVIDERS

[CDC - FASDs: Information for Healthcare Providers](#)

[ACOG - Fetal Alcohol Spectrum Disorders Prevention](#)

[NPs, Midwives, and Nurses: Partnering to Prevent Fetal Alcohol Spectrum Disorders](#)

[AAP - Fetal Alcohol Spectrum Disorders Resources](#)

### MENTAL HEALTH RESOURCES

#### **NJ Hopeline 1.855.654.6735**

*The New Jersey Suicide Prevention Hopeline providing 24 hour hotline, chat, email, and text services*

**National Alliance on Mental Illness** [www.nami.org](http://www.nami.org)

### PARTNERSHIP FOR MATERNAL AND CHILD HEALTH OF NORTHERN NEW JERSEY PROGRAMS

#### **Smart Choices for a Healthy Life**

*Free, age-appropriate education to K-12 students, college students, and school nurses with the aim of reducing Fetal Alcohol Spectrum Disorders and support those who are affected.*

[www.partnershipmch.org/programs/smartchoices](http://www.partnershipmch.org/programs/smartchoices)

#### **Perinatal Addictions Prevention Project**

*Professional and consumer education with the goal of the reducing in-utero exposure to substances.*

[www.partnershipmch.org/programs/papp](http://www.partnershipmch.org/programs/papp)

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